

Diploma in Medicinal Plants and Traditional Therapeutics

قائمة مقررات دبلوم النباتات الطبية و العلاجات التقليدية

(دبلوم تخصصي)

قسم العقاقير

(24 cr. h)

First Semester (12 cr. h)

No.	Course code	Courses	Credit hours	
			L	P
1	0606601	Complementary and Alternative Medicines الطب التكميلي والطب البديل	3	---
2	0606602	Herbal Medicine in Egypt الأدوية العشبية في مصر	3	---
3	0606603	Toxicology and Clinical Pharmacology of Herbal Products علم الأدوية والسموم السريري للمنتجات العشبية	3	---
4	0606604	Guidelines for Prescribing Herbal Drugs قواعد ارشادية لوصف الأدوية العشبية	3	---
Total			12	

Second Semester (12 cr. h)

No.	Course code	Courses	Credit hours	
			L	P
5	0606605	Herbal Cosmetics مستحضرات التجميل العشبية	3	---
6	0606606	Aromatherapy العلاج العطري	3	---
7	0606607	Dietary Supplements المكملات الغذائية	2	---
8	0606608	Seminar بحث إقائي	2	---
9		Elective Course مقرر اختياري	2	---
Total			12	

Elective Courses

No.	Course code	Courses	Credit hours	
			L	P
1	0606609	Safety of Herbal Products سلامة المنتجات العشبية	2	---
2	0606610	History of Traditional Herbal Medicine. تاريخ الأدوية العشبية التقليدية	2	---

وصف مقرات دبلوم النباتات الطبية و العلاجات التقليدية

(24 cr. h)

First Semester (12 cr. h)

Course Name	Credit hours		Code No.
	L	P	
Complementary and Alternative Medicines الطب التكميلي والطب البديل	3	---	0606601
<p>Description: the objective of this course is to introduce students to different types of worldwide used complementary and alternative medicine.</p> <ul style="list-style-type: none"> • https://orion.sfasu.edu/courseinformation/syl/201502/NUR353601.rtf?635577658514173286 <p>N353: Complementary and Alternative Therapies Austin State University, Texas, United States</p>			

Course Name	Credit hours		Code No.
	L	P	
Herbal Medicine in Egypt الأدوية العشبية في مصر	3	---	0606602
<p>Description: The course will discuss in detail the Egyptian flora, the most diverse in the world, has become an interesting spot to prospect for new chemical leads or hits due to its species diversity. Treatment with herbal medicine is unfortunately, carried out as a folk medicine, by herbalists. They are not qualified persons, but they have acquired their knowledge from old Arabian books as those of Ibn -Sina and Dawood El-Antaki. this course aims to introduce the students to the commonly used herbs in herbal stores in Egypt and a brief view of the wild medicinal flora in Egyptian an idea about Legal issues regarding referral, collaboration with unconventional practitioners, and appropriate documentation</p>			

Course Name	Credit hours		Code No.
	L	P	
Toxicology and Clinical Pharmacology of Herbal Products علم الأدوية والسموم السريري للمنتجات العشبية	3	---	0606603
<p>Description: The course will discuss in detail the pharmacology and toxicology of herb, including clinical and pathological findings from clinical trials and case reports of adverse effects, pharmacokinetics, and the known pharmacologic and toxicologic effects arranged by organ, organ system, or therapeutic/toxicologic effect of the major herbs used to treat the disorders of the following systems GIT, the cardiovascular system, CNS, endocrine, reproductive and others.</p> <ul style="list-style-type: none"> • https://www.oxfordcollege.ac/product/level-3-herbal-medicine-diploma/ <p>Level 3 Herbal Medicine Diploma Unit 3: Pharmacology, toxicity and contra-indications. Oxford Learning College.</p>			

Course Name	Credit hours		Code No.
	L	P	
Guidelines for Prescribing Herbal Drugs قواعد ارشادية لوصف الأدوية العشبية	3	---	0606604
<p>Description: This course aims to review the Current issues and challenges relevant to the practice of herbal medicine and how to develop plans appropriate for marketing a herbal medicine.</p> <ul style="list-style-type: none"> • https://www.oxfordcollege.ac/product/level-3-herbal-medicine-diploma/ Level 3 Herbal Medicine Diploma Unit 4: Formulation and preparation. Oxford Learning College https://www.stpaulscollege.co.uk/course/master-herbalist-diploma-level-3/ <p>Preparation of Herbal Remedies ST Pauls College, UK</p>			

Second Semester (12 cr. h)

Course Name	Credit hours		Code No.
	L	P	
Herbal Cosmetics مستحضرات التجميل العشبية	3	---	0606605
<p>Description: This course will introduce students to general method of preparation and evaluation of Herbal Cosmetics such as a. Skin care products Hair care preparations with examples and claims for the various herbal materials used in them.</p> <ul style="list-style-type: none"> • http://readinglists.ucl.ac.uk/modules/phay0038.html PHAY0038: Formulation of Natural Products and Cosmeceuticals University College London (UCL) • http://www.cshs.com/classes.html#HerbalSkin1 Herbal Skin Care for the 21st Century The California School of Herbal Studies 			

Course Name	Credit hours		Code No.
	L	P	
Aromatherapy العلاج العطري	3	---	0606606
<p>Description: The course gives intensive precise background about the essential fundamentals concerning, the definition and importance of aromatherapy, the general use of volatile oils for therapeutic purposes. The course will also throw some light on the benefits of aromatherapy in relation to common ailments and precautions for safe use of this kind of therapy to insure safety and efficacy.</p> <ul style="list-style-type: none"> • http://www.aromatherapy-studies.com/diplomacourse.html The Institute of Traditional Herbal Medicine and Aromatherapy Regent's University, London, UK 			

Course Name	Credit hours		Code No.
	L	P	
Dietary Supplements المكملات الغذائية	2	---	0606607
<p>Description: This course aims to review the common dietary supplement in the pharmaceutical market in Egypt, their use, side effects and drug interactions. According to FDA, A dietary supplement is a product intended for ingestion that contains a "dietary ingredient" intended to add further nutritional value to (supplement) the diet.</p> <ul style="list-style-type: none"> • https://www.kumc.edu/school-of-health-professions/dietetics-and-nutrition/master-of-science-in-dietetics-and-nutrition/course-descriptions.html <p>DN 880 Dietary and Herbal Supplements. The University of Kansas, US</p>			

Elective Courses

Course Name	Credit hours		Code No.
	L	P	
Safety of Herbal Products سلامة المنتجات العشبية	2	---	0606609
<p>Description: The objective of this course provides graduate-level knowledge of and expertise in the safety (adverse reaction) of botanicals and biological significance of herbal medicines focusing on the evidence-based activities and toxicity, common natural drugs of abuse especially in sports and misuse in weight control. Concurrent use of herbs may mimic, magnify, or oppose the effect of drugs, the aim of this course is to focus on potentially clinically-significant Drug-Food Interactions and herb drug interactions.</p> <ul style="list-style-type: none"> • https://www.stpaulscollege.co.uk/course/master-herbalist-diploma-level-3/ <p>Safety aspects of herbal remedies in the UK ST. Pauls College, UK</p>			

Course Name	Credit hours		Code No.
	L	P	
History of Traditional Herbal Medicine تاريخ الأدوية العشبية التقليدية	2	---	0606610
<p>Description: The course aims at introducing the students to different types of long-used folkloric cultured base herbal medicine</p> <ul style="list-style-type: none"> • https://www.stpaulscollege.co.uk/course/master-herbalist-diploma-level-3/ <p>History of Herbal Medicine ST. Pauls College, UK</p> <ul style="list-style-type: none"> • http://www.cshs.com/classes.html <p>Roots of Herbalism / Foundations of Health The California School of Herbal Studies</p>			